



### The IAITMH Vision

All infants and toddlers are entitled to an opportunity to grow, develop and learn in a way that enhances their social and emotional health so they may reach their maximum potential.

### The IAITMH Mission

To advance conditions which provide an early start toward optimal mental health.

### The IAITMH Philosophy

The Indiana Association for Infant and Toddler Mental Health (IAITMH), an interdisciplinary group of individuals, family members, caregivers, professionals and agencies was established to improve infant mental health practices and policy at local, state, national and international levels, through advocacy and education.



## Indiana Association for Infant and Toddler Mental Health

*Infant Mental Health is the social and emotional well-being that results when infant and toddlers are supported by nurturing relationships. It is enhanced by:*

- ★ Supporting family/caregiver strengths and cultural values/beliefs
- ★ Identifying early signs of emotional and behavioral concerns
- ★ Providing families/caregivers with the necessary skills and tools to support health, social, and emotional development
- ★ Promoting successful partnerships among families/caregivers and community support systems

### PREVENTION

Promote positive infant/toddler and caregiver relationships to reduce potential emotional and behavioral disorders

### SERVICES

Improve and expand mental health services for infants and toddlers and their families

### AWARENESS

Expand awareness of the meaning and importance of mental health for infant and toddler and their families

### TRAINING

Increase providers' and caregivers' knowledge and expertise of current best practices and concepts in infant and toddler mental health

### ADVOCACY

Advance the legal and political rights of infants and toddlers and their families

### FUNDING

Secure adequate resources to support and sustain the activities and priorities of the association

### ORGANIZATIONAL DEVELOPMENT

Expand the association's capacity to achieve its mission and goals

