



ANNUAL REPORT | 2025



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A LETTER FROM OUR PRESIDENT & CEO

As we reflect on another successful year, I want to extend my heartfelt thank you to our partners, sponsors, Board of Directors, and staff. Your dedication and generosity make our mission possible, and together we continue to create lasting impact in the communities we serve.

In 2025, we were honored to earn Mental Health America's Platinum Bell Seal—MHA's highest recognition for excellence in workplace mental health and wellbeing. This achievement reflects our commitment to supporting our employees as they work to support others.

Looking ahead, we are excited to celebrate our 75th anniversary—a milestone made possible by your unwavering support over the years. We invite you to join us at our 75th Anniversary Gala this September as we honor our history and look toward the future. We also hope you will join in our Annual Symposium in November as we continue to learn, collaborate, and advance behavioral health education.

Thank you for being part of our journey. We look forward to celebrating, learning, and making an even greater impact together.

With gratitude,



Stephen McCaffrey
President and CEO



ORGANIZATION OVERVIEW



Mental Health America of Indiana is the state's leading advocacy organization dedicated to behavioral health. For decades, MHAi has advanced the mental health and well-being of all Hoosiers through prevention, public education, advocacy, recovery, and direct services.

Our leadership has driven meaningful, lasting change—from local communities to the Indiana Statehouse—resulting in expanded access to behavioral health services across Indiana. MHAi has also played a vital role in strengthening the behavioral health workforce through training, credentialing, and field placement opportunities. By creating meaningful career pathways for individuals with lived experience and preparing the next generation of behavioral health professionals, we have helped hundreds of Hoosiers on their journeys to recovery in 2025.

The impact of these sustained efforts extends beyond individual lives. Over time, Indiana's national behavioral health ranking has risen from the lower half of the nation to the top half, reflecting significant progress in expanding access to care and improving mental health outcomes.

While we celebrate these achievements, our mission remains as urgent as ever. As new challenges emerge, MHAi continues to lead with an unwavering commitment to improving the lives of individuals, families, and communities across Indiana. With your continued partnership and support, Mental Health America of Indiana will continue advancing behavioral health and building a healthier future for every Hoosier.

BOARD OF DIRECTORS

June 2024 – June 2025



Chair of the Board:

Michael Halstead

Chair-Elect:

Catherine Cummings

Treasurer:

Stephan Viehweg

Secretary:

Leah Tate

Directors

Elizabeth Andresen

Matt Bell

Stephanie Berry

Heidi Blake

Cathy Boggs

Carrie Cadwell

Allison Coburn

Lesley Crane

David Diaz

Deanna Dwenger

Charmin Gabbard

Carla Gaff-Clark

Jayson Harvey

Richard Hooker

Suzanne Koesel

Curt Langhammer

Sarah Lund

Lester Miller

Kevin Moore

Christine Negendank

William Padgett

Courtney Pence

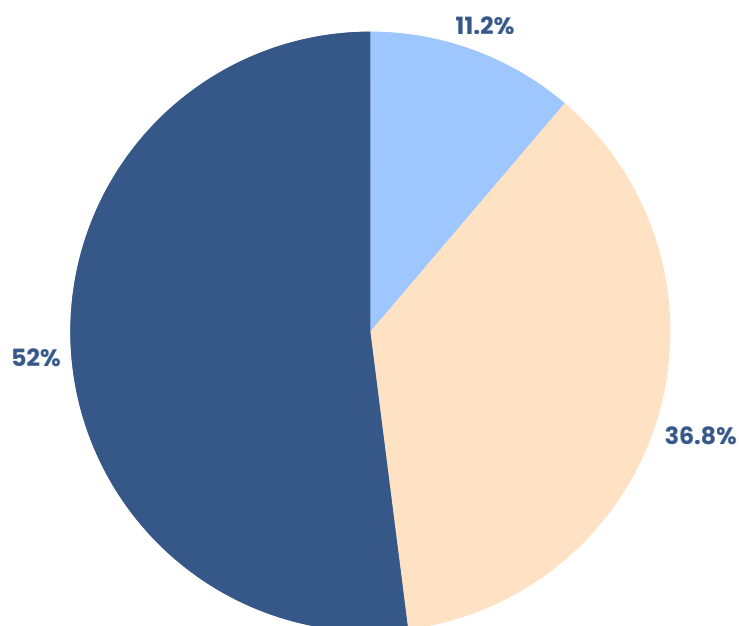
Kimble Richardson

Calvin Roberson

Cora Steinmetz

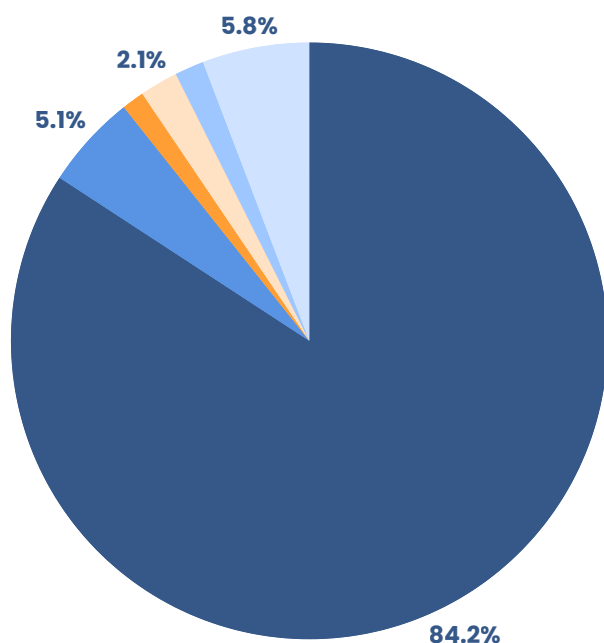
Elizabeth Willams

2025 SNAPSHOT



Expenses

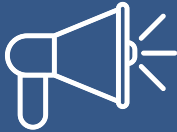
- Direct Program Expenses
- Operational Expenses
- Personnel Expenses



Support

- Government Grants
- Foundation & Corporate Grants
- Corporate Sponsorships
- Fee for Service
- Donations
- Other Program Income

ADVOCACY & PUBLIC POLICY



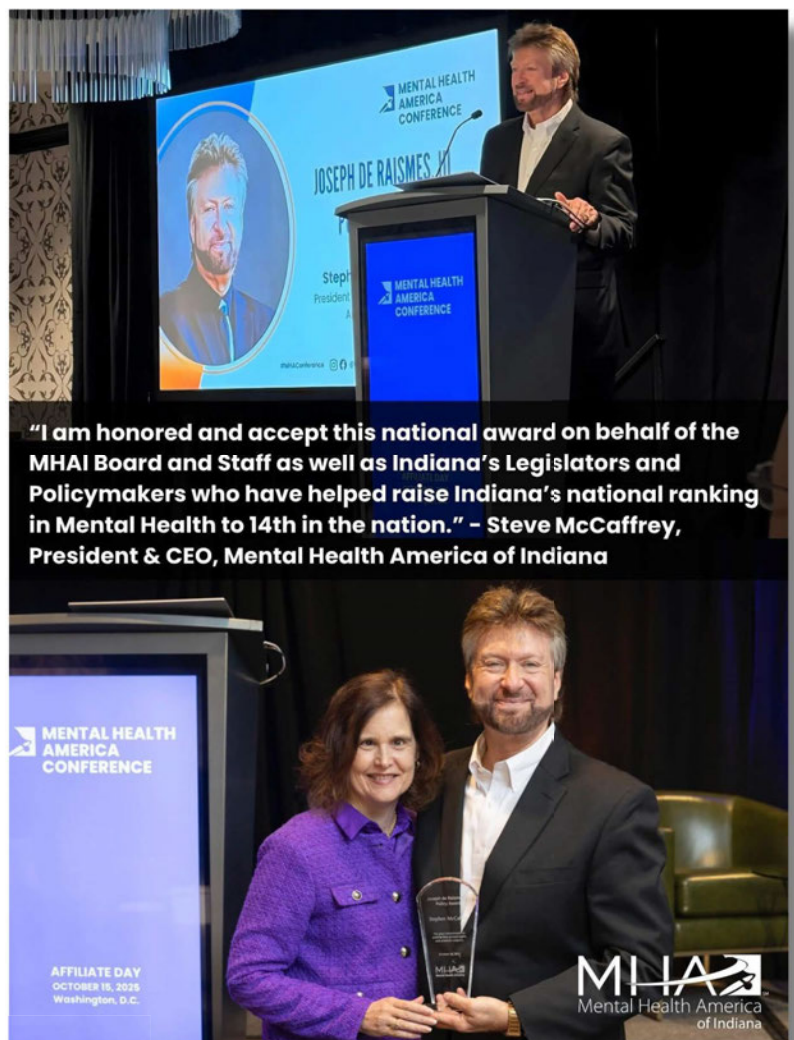
MHAI ADVOCACY BY NUMBERS

128 MOU's and Partnerships

115 Technical Assistance to Organizations

Mental Health America of Indiana's advocacy network echoes a powerful voice for change. Thousands of individuals statewide take active roles in protecting Indiana's mental health through legislative advocacy. Because of the support of individuals like you, we won major victories at the state and local levels.

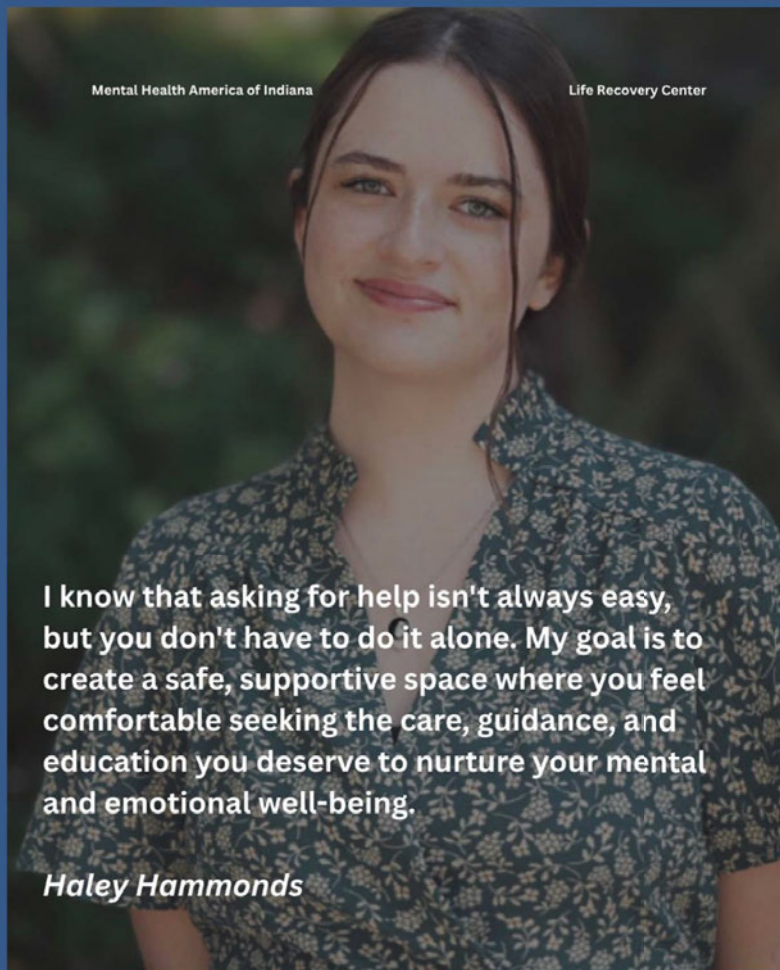
Pictured: 2025 Mental Health America Joseph de Raismes, III Policy Award Winner Stephen McCaffrey



DIRECT SERVICES

Mental Health America of Indiana provides a comprehensive continuum of direct services designed to meet individuals wherever they are in their behavioral health journey. From **individual and group therapy** to **peer support services**, MHAI offers compassionate, person-centered care that promotes wellness, resilience, and recovery.

MHAI also serves as a vital resource during times of crisis through its operation of an **Indiana 988 Suicide & Crisis Lifeline Call Center**. By providing immediate crisis intervention, emotional support, and connections to community resources, MHAI helps ensure that individuals experiencing mental health or substance related crises receive timely, life-saving assistance when they need it most.



MHAI DIRECT SERVICE BY NUMBERS

29,717 Peer Support Hours
43,307 Clinical Hours

EDUCATION

Mental Health America of Indiana is committed to strengthening Indiana's behavioral health workforce through **education, training, and credentialing**. By providing opportunities for professionals to stay current with evidence-based practices, evolving skills, and industry standards, MHAI helps ensure a highly qualified workforce equipped to meet the state's behavioral health needs.

In addition to supporting continuing education, MHAI administers addiction professional testing to advance credentialing in substance use disorder prevention and treatment. MHAI also certifies **recovery residences** across Indiana, promoting quality, accountability, and high standards of care for individuals in recovery.



"MHAI gives me the freedom of autonomy which allows me to grow in my role ultimately giving me more confidence in myself, and the ones I serve"



MHAI EDUCATION BY NUMBERS

342 Trainings Facilitated

5,086 Individuals Receiving CEUs

PREVENTION



MHAI PREVENTION BY NUMBERS

1352+ Prevention Supplies Provided

Mental Health America of Indiana believes that behavioral health should be approached with the same proactive focus as physical health. Prevention and early intervention are essential to improving outcomes, reducing the impact of behavioral health conditions, and connecting individuals with support before challenges become severe.

Early identification is a cornerstone of prevention. Through **advocacy for mental health screenings and evidence-informed prevention initiatives**, MHAI works to recognize the early signs of mental health conditions and promote timely access to care.

One participant in the MHAI Recovery Network Elevance Health Foundation Peers Program was referred from a hospital emergency room. He had recently been released after 25 years of incarceration and was facing challenges with basic life skills and coping strategies. Through consistent work with a peer support specialist, he has demonstrated a strong commitment to his recovery and continues to make meaningful progress each day.



OUTREACH

Community outreach is an integral part of Mental Health America of Indiana's mission. Across the organization, every department engages with communities, partners, and stakeholders in ways that align with their programs and areas of expertise, expanding awareness of available services, promoting mental health education, and strengthening connections to resources throughout Indiana.

"[Our] little interactions have a ripple effect. I don't know where or how [participant] got my number, but I'm glad they did. I'm grateful we get to be the ones who show up." – Erin Davis, Peer Support Professional



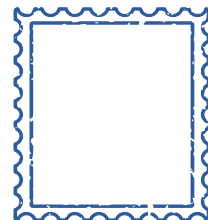
MHAI REFERRALS & OUTREACH BY NUMBERS

4,142 New Connections

GET INVOLVED WITH MHA!



Mental Health America of Indiana
1431 N Delaware St
Indianapolis, IN 46202



**75th Anniversary
Gala Fundraiser**

September 18th, 2026

**Annual
Symposium**

November 13th, 2026

Hoosier Idol

April 7th, 2027

Learn more about our upcoming events at: www.mhai.net